

### SUBJECT-WISE DISTRIBUTION OF MARKS AND CORRESPONDING CREDITS

Program:MPES Semester:1st

					Maximu	m Marks A	llotted			Credi	ts Allo	tted	Total Credits
S.No.	Course Code	Course Name		Theor	у	Practical			Total Marks				
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva		L	т	Р	
1	MPCC0101[T]	Philosophical Foundation and History of Physicl Education and Sports	70	15	15	0	0	0	100	3	1	0	4
2	MPCC0102[T]	Health Education	70	15	15	0	0	0	100	3	1	0	4
3	MPCC0103[T]	Research Methods in Physical Education and Sports	70	15	15	0	0	0	100	3	1	0	4
4	MPEB0104[T]	Sports Sociology	70	15	15	0	0	0	100	3	1	0	4
5	MPPC0105[P]	Athletics	0	0	0	80	10	10	100	0	0	4	4
6	MPPC0106[P]	Badminton	0	0	0	80	10	10	100	0	0	4	4
	Total Credits 2										24		

<sup>\*</sup>Newly Added Courses

<sup>\*\*</sup>NCC is a choice-based subject. Credits will be added if the subject will be opted. \*\* Massive Open Online Courses (MOOC) – It is a choice-based course and credit will be added if the subject will be opted. Credits are duration based.



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#### Programme:MPES(MPES)

Semester:2nd

			Maximum Marks Allotted Credits Allo									tted	Total Credits
S.No.	Course Code	Course Name		Theor	у		Practical						
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva		L	т	Р	
1	MPCC-0201	Statistics in Physical Education& Sports	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0202	Sports Psychology	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0203	Exercise Physiology	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0204	Principles and Organization of Recreation& Leisure Time Activities	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0205	Athletics	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0206	Basketball	0	0	0	80	10	10	100	0	0	4	4
Total Credits									24				

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#### Programme:MPES(MPES)

Semester:3rd

					Maximu	m Marks A	llotted			Credits Allotted			Total Credits
S.No.	Course Code	Course Name	Theory			Practical			Total Marks				
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva		L	т	Р	
1	MPCC-0301	Sports Biomechanics	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0302	Sports Specialization –I	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0303	Tests Measurement &Evaluation in Physical Education	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0304	Adapted Physical Education	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0304	KhoKho ,Kabaddi ,Weight training	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0305	Yoga	0	0	0	80	10	10	100	0	0	4	4
Total Credits 2									24				

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#### Programme: MPES (MPES)

#### Semester:4th

					Maximu	m Marks A	llotted			Credi	Credits Allotted		Total Credits
S.No.	Course Code	Course Name	Theory			Practical			Total Marks				
			End Sem. Exam	Mid Sem. Exam	Class Participation	End Sem. Exam	Prograssive Evaluation	Internal Viva		L	т	Р	
1	MPCC-0401	Scientific principles of sports training and coaching	70	15	15	0	0	0	100	3	1	0	4
2	MPCC-0402	Sports specialization –II	70	15	15	0	0	0	100	3	1	0	4
3	MPCC-0403	Sports medicine	70	15	15	0	0	0	100	3	1	0	4
4	MPEB-0404	Yogic sciences & Naturopathy	70	15	15	0	0	0	100	3	1	0	4
5	MPPC-0405	Coaching lessons	0	0	0	80	10	10	100	0	0	4	4
6	MPPC-0406	Sports Specialization	0	0	0	80	10	10	100	0	0	4	4
	Total Credits										24		

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# **List of Elective Subjects**

Course Code	Course Name	Subject Type	Semester
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